Mental Health Disorders Caregivers Group

Being a caregiver for someone with a mental health disorder comes with many challenges. Developmental, behavioral, and neurological conditions not only affect the individual suffering from the disease, they also affect everyone around them. You are not alone. Grace Presbyterian Church is providing a safe place for caregivers to come and share, listen, or simply pray with others who understand. Bimonthly meetings begin Saturday April 22nd, 3–4 p.m. in the church library. Please access the building through the Fellowship Room door located on the Grove Street side of the building. Call Kelly Tobiere, RN, at 201-926-1799 or the church office 973-744-2565 with any questions.

E TOWN

153 Grove Street Montclair, NJ 07042 www.gracemontclair.org

